



CENTRAL SAANICH LITTLE LEAGUE

Sportsmanship Character Leadership

FREE COACH & PLAYER CLINICS

Attend one or as many as you can!

Saturdays - Jan 6, 20 - Feb 10, 24 & Mar 17

Instructors and appearances by:

- Brad Weinmeyer - Victoria Mariners Premier Team coach and Batter's Box owner
- Jay Longpre & Connor Moughtin – Victoria Mariners Premier Team coaches
- Randy Holt - Victoria Mariners Pitching Coach
- Jason Willow – drafted to MLB Baltimore Orioles in 2017



Division	Ages	Times
Junior - Senior	14-16	1130am-1pm
Majors - Intermediate	11-13	1pm-230pm
Rookies - Minors	8-10	230pm-330pm

Not sure of the age? Check it out at www.cslittleleague.com/age-levels



Victoria Mariners

Coaches

We need you! Come get the best training on the island! We want to provide our coaches with the tools they need to have a fun and successful season. We have partnered with Brad Weinmeyer (a previous US college player and premier baseball coach) plus the Victoria Mariners Premier League baseball association to provide **up to 7.5 hours of FREE pre-season training for you**. We want coaches to get hands-on training to learn how to **develop your team's core skills in a fun and positive atmosphere**. This will give you the tools to make practices and games more exciting no matter what the age!

Players

We need your help to participate in the drills! Our coaches can learn best by hands-on experience. The drills will be fast paced, exciting and fun! You will be run through stations designed by coaches who understand and have played the game at a higher level. Limited spaces are available for each age group so please register early!

Parents

Our Little League believes kids learn better when they are having fun. We want to make sure everyone learns the core skills to this great game of baseball. By partnering with Batter's Box and the Victoria Mariners we are all dedicating ourselves to teaching our coaches & players. But we don't end training in the pre-season. We plan to hold in-season player jamborees, pitching clinics plus coach and parent clinics so everyone can work together to make baseball more enjoyable. This way everyone wins!

SIGN UP EARLY! SPACES ARE LIMITED! COACHES AND PLAYERS NEED TO PRE-REGISTER.

Please email us at president@cslittleleague.com . Clinics will be held at the **Panorama Rec Centre Indoor Tennis Courts**.